Research on the Cultivation of volleyball Reserve Talents in Ganzhou Middle School
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ABSTRACT: The cultivation of secondary volleyball reserve talents plays an important role in the sustainable development of volleyball. The improvement of the competitive level of volleyball not only depends on the law of the development of volleyball itself and the law of the growth of athletes, but also depends on the high attention to the cultivation of volleyball reserve talents. In addition, the implementation of the revitalization and development policy of the Soviet area has brought huge policy dividends to the education of Ganzhou City and further promoted the greater progress of the education of Ganzhou City. The purpose of this study is to investigate and study the training of secondary school volleyball reserve talents in Ganzhou City, and to comprehensively grasp the environmental factors of coaches, athletes and their parents of secondary school volleyball reserve talents in Ganzhou City. This paper analyzes the development status of the volleyball reserve talents in Ganzhou city, finds out the advantages and disadvantages of the volleyball reserve talents in Ganzhou City, and provides a meaningful reference basis for the development of the volleyball reserve talents in middle schools in Ganzhou City.

The cultivation of reserve talents is related to the strategic development of the whole competitive sports. Only when the foundation is firmly established can the main body on the foundation be firmly established. The cultivation of reserve volleyball talents is an important link in the whole volleyball competitive sports, and it plays a crucial role in the volleyball competitive strength of a region. The research on the training status of Ganzhou volleyball reserve talents can find out the problems existing in the development of middle school volleyball in the whole region, which has very important practical significance for improving the training system of the whole volleyball reserve talents, ensuring the quality of the volleyball reserve talents, promoting the transportation of the whole volleyball reserve talents, and even improving the volleyball competitive strength of Ganzhou city.

Through the investigation and analysis, it is concluded that the training and development of Ganzhou volleyball reserve talents is not mature, the popularization of volleyball sports is less in all regions, mainly in the development of administrative districts, there are only 4 traditional volleyball schools, 1 middle school was rated as the national high level of volleyball reserve talent training base, the reserve talent training path is single. The volleyball training time of Ganzhou ordinary middle school students is mostly 10h per week, while the training time of traditional schools is 16h per week. Due to the high intensity of training, the contradiction of learning and training can not be ignored as an influencing factor. Most of the coaches who are responsible for the training of volleyball reserve talents in Ganzhou Middle School are not of high educational background and professional titles, and most of them come from sports majors rather than volleyball majors. As a result of the entry of the sports volleyball as an optional item, Ganzhou middle school volleyball players' parents support their children to participate in volleyball training without delaying their study. As a revolutionary Soviet area, Ganzhou City has increased the construction of sports venues under the support of the national revitalization policy of the Soviet area, and volleyball venues have increased to a certain extent in recent years. Under the influence of the sports development plan of the 14th Five-Year Plan, various forms of volleyball competitions in Ganzhou City are also increasing year by year, which has enriched the volleyball level of middle schools in various regions and laid a foundation for mining outstanding reserve talents.

KEY WORDS: Middle school volleyball; Volleyball reserve talent; Reserve personnel training

Reference: