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ABSTRACT:

In the 1980s, the Chinese women's volleyball team won "five consecutive championships" in the early 1990s. In the 2003 and 2004 World Cups, the Chinese women's volleyball team regained the title they had lost for 20 years. In the 2021 World Women's Volleyball League, the Chinese women's volleyball team had relatively difficulty in the first three weeks without the full team. After the full team returned in the fourth week, they won seven consecutive victories. Based on the application of offensive and defensive skills of the suboffensive players of the Chinese and foreign Women's Volleyball teams in the 2021 World Women's Volleyball League, this paper analyzes the competitions of China, the United States, Russia, the Dominican Republic, the Netherlands and Italy by means of literature, video, logical analysis and mathematical statistics. This paper studies the non-technical index, serving effect, spiking effect, blocking effect and back-row defense of the auxiliary players of the women's volleyball team. The results show that: (1) the height, spike height and blocking height of Chinese female volleyball team are obviously higher than that of the other team, and the physical quality is also obviously better than that of the other team. (2) The subattack of Chinese Women's Volleyball team adopts two serving modes: overhand floating ball and jump floating ball. The service quality of the subattack of Chinese Women's Volleyball team is obviously better than that of its opponents. But there was also self-loss and instability on the serve. (3) The sub-attack of Chinese Women's Volleyball team has many offensive lines, flexibility and scattered positions. (4) In the back row defense, our assistant attackers still have limitations, for the opponent hit some heavy spike and hanging ball difficult to defend.

Key words: 2021 World Women's Volleyball League, A deputy attack player, Attack and defense effect

Reference: