

The application of performance evaluation in the ideological and political evaluation of physical education courses

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Abstract:

The purpose of this paper is to explore the application of performance evaluation in the ideological and political evaluation of physical education courses. Through the collation and analysis of relevant literature, this study summarizes the connotation and value of performance evaluation, as well as the connotation and value of ideological and political education in physical education courses. In the part of rationality analysis, we believe that performance evaluation is of great significance in the ideological and political evaluation of physical education courses. First of all, the performance evaluation can evaluate the moral education level of students, and provide an effective evaluation method for the ideological and political education of physical education courses. Secondly, the expressive evaluation emphasizes the situationality, which can help students experience the ideological and political content in physical activities and enhance their personal experience and participation in ideological and political education. In addition, the integration of expressive evaluation into teaching can promote the cultivation of students' self-directed learning and self-evaluation ability. Next, this paper proposes the design steps of expressive evaluation applied to the ideological and political evaluation of physical education courses. First of all, the evaluation objectives should be clarified, and the focus and direction of the evaluation should be determined. Secondly, the evaluation tasks should be designed, and specific tasks that reflect the ideological and political content should be formulated, such as moral choices and value expressions in sports activities. Finally, the evaluation rules should be formulated, and the evaluation criteria and scoring system should be clarified to ensure the objectivity and fairness of the evaluation. In terms of implementation steps, this article proposes five steps. First, explain the objectives of the evaluation, so that students clearly know the purpose and requirements of the evaluation. Second, publish the evaluation tasks so that students have a clear understanding of the specific tasks to be completed. Then, explain the evaluation rules, clarify the evaluation criteria and scoring system, and ensure that students understand the evaluation process. Then, the evaluation task was implemented to allow students to fully demonstrate their ideological and political literacy in sports activities. Finally, evaluation and feedback are carried out, and the evaluation results and suggestions are given to students in a timely manner to promote their further development. At the same time, this paper also points out the problems that need to be paid attention to when applying performance evaluation to the ideological and political evaluation of physical education courses. First, evaluating the design can be time-consuming and resource-intensive, and the feasibility of implementation needs to be fully considered. Secondly, the content of evaluation depends on the subjective judgment of teachers, and it is necessary to ensure the objectivity and fairness of evaluation. Finally, teachers' teaching ability also has a certain impact on the validity and accuracy of evaluation, so teachers need to have relevant evaluation ability and professional knowledge. In summary, performance evaluation has important application value in the ideological and political evaluation of physical education courses. Through reasonable design and implementation, expressive evaluation can effectively evaluate students' moral education level and ideological and political literacy, and promote their experience and practice of ideological and political content in sports activities. However, in the process of application, it is necessary to pay attention to the feasibility of the evaluation design, the objectivity of the evaluation content and the teaching ability of teachers. Future research can further explore how to optimize and improve the application of performance evaluation in the ideological and political evaluation of physical education courses.

KEY WORDS: performance evaluation; Ideology and politics in physical education courses; Teaching evaluation



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