

Research on the status quo and sustainable development path of ice and snow sports in the Tsinghua University Primary School

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Abstract: Objective: After the Winter Olympics, the development of ice and snow in Chinese campus has entered an important period. In order to have a clearer understanding of the current situation and the main problems of snow and ice on campus in China, it can provide reference for further guidance of the sustainable development of snow and ice on campus.

Methods: In this study, literature analysis, questionnaire survey, field investigation and logical analysis were used to investigate and analyze the current situation and problems of the first batch of ice and snow characteristic schools in Haidian District of Beijing by taking the Tsinghua University Primary School as the investigation object, and the solutions were proposed.

Results: According to the situation of the school and students, the Tsinghua University Primary School put forward the slogan of "13th Five-Year Plan" and "three ones of Sports every day"; Ice and snow activities and courses such as basic skating and skiing, ice hockey, speed skating, ice and snow knowledge competitions are set up. The course content is mainly technical movements, and the teaching materials are mainly selected by teachers. 80% of the students learned about ice and snow sports because of the ice and snow courses, and 58% of the students participated in ice and snow sports because of their interest, and the participation time was not more than 60 minutes; Most of the ice and snow teachers are young men with a certain level of sports, and their teaching years are short. 50% of students involved in extra-curricular snow and ice activities are not able to properly wear protective gear.

Conclusion: The affiliated primary school of Tsinghua University has formulated long-term development plans according to the different characteristics of the school and students, and set up the implementation system of "one group, one session, one center". However, there is no perfect concrete implementation measures, and inconsistency often occurs in the implementation process. Students mainly understand and participate in ice and snow sports through the school's publicity and ice and snow courses. However, due to the constraints of teachers and venues, there are still few types of ice and snow courses on campus. The whole teachers are younger, and the difference of teaching ability and level among teachers is high. Students don't pay enough attention to safety.

Suggestion: According to the students' curriculum feedback and project characteristics, the school should formulate the curriculum outline according to the students' development each semester; Adopt school-enterprise cooperation to set up various types of ice and snow courses; Pay attention to the professional skills of teachers and conduct teaching training from time to time; Strengthen safety education, adopt the way of home-school cooperation, improve the safety awareness of parents and students.

Key words: ice and snow sports; Snow and ice policy; School physical education;

Snow and ice on campus

reference

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