

Research on the status quo and optimization strategy of beach volleyball reserve talent cultivation under the background of sports education integration

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ABSTRACT:

In order to deepen the training status of beach volleyball reserve talents and its influencing factors under the background of disintegrating teaching and integration, this study adopts the method of literature, questionnaire, expert interview and field investigation to conduct a comprehensive research on the training status of beach volleyball reserve talents for the first National Student (youth) Games. From the athletes, coaches and external environment three aspects of the discussion, the purpose is to find out the problems and put forward the corresponding improvement measures, to provide reference and inspiration for the development of beach volleyball competitive talents. It is found that in the process of the selection and training of beach volleyball reserve talents under the background of the integration of sports and education, the level of athletes is facing systemic challenges, the comprehensive quality and treatment of coaches need to be improved, and the external environment of beach volleyball needs to be further constructed. Therefore, the way out of the future beach volleyball reserve talent training should focus on the reasonable arrangement of young beach volleyball players' learning and training time, the implementation of the future development policy of beach volleyball players, the strengthening of coach team building and the establishment of a reasonable reward mechanism, and the enhancement of the importance of beach volleyball project and financial support.

Key words: integration of physical education, Beach volleyball, Reserve talents

Reference:

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