

Investigation and analysis of the current situation of volleyball in Nanhai No. 1 Middle School

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ABSTRACT:

This paper selects the current situation of volleyball in Nanhai No. 1 Middle School as the research object, and uses the literature method, questionnaire survey method and logical analysis method. The main contents of the survey include: the basic situation of physical education teachers in Nanhai No. 1 Middle School, the opening and evaluation of volleyball courses in Nanhai No. 1 Middle School, the volleyball court equipment of Nanhai No. 1 Middle School, the construction of the volleyball team of Nanhai No. 1 Middle School, and the extracurricular activities of students. Through the research, it is found that the proportion of physical education teachers with volleyball as the special topic is very small, the teaching content involves imperfect technology, too short class time, good field conditions but the utilization rate is too low, the number is too small, the leadership does not pay attention, and the volleyball team construction is not perfect. It is recommended to increase the professional volleyball training and assessment of physical education teachers, increase the class time of volleyball and improve the content of volleyball teaching, fully tap the school's venue and teaching resources, and improve the utilization rate of the venue.

KEY WORDS: Volleyball, Development status, Nanhai No. 1 Middle School