



## OUTDOOR FUTSAL SPORTS IN SRAGEN DISTRICT (Phenomenological Study of Community Playing Futsal in Ground Field)

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### ABSTRACT:

Research objectives are to; 1) Knowing the phenomenon of the community playing Futsal Outdoor in Sragen Regency, 2) Exploring the motives and motivations of the community in playing Futsal Outdoor in Sragen Regency, 3) Analyzing how to organize Outdoor Futsal in Sragen Regency, 4) Knowing the benefits derived from the phenomenon of Outdoor Futsal for the community in Sragen Regency, 5) Identifying the values contained in community activities playing Futsal Outdoor in Sragen Regency. This research was conducted in Sragen Regency, Central Java, Indonesia. This research is a qualitative study using a phenomenological approach. This research method uses the Triangulation method. Data collection techniques using Observation, Interview, and Documentation. The research results namely; 1) The response of the community to outdoor soccer is quite large, outdoor soccer has become a popular new sport, 2) Motivation of players playing outdoor futsal mostly to fill free time and hobbies for fitness purposes, 3) Many people who use open land that already exists, do not even hesitate to turn the land into a futsal field. There are several factors that affect the quality of outdoor futsal, one of which is the lack of a good outdoor futsal field infrastructure. 4) People who play outdoor futsal feel the benefits in addition to a fresh body as well as a fresh mind because exercise helps release the hormone endorphine can feel happy and get recreation so as not to get bored and can refresh or revitalize the mind when returning routine later. 5) In playing outdoor futsal include the value of sportif, friendship, cooperation, respect, discipline, and responsibility.

**Keywords: Futsal, Outdoor, Ground Field**



## INTRODUCTION

As where explained by Ichsan (1991: 80) that: "Sport basically contains activities oriented to motion, its implementation depends on the ability and goals to be achieved by the culprit". As One indication of the increasing desire of the community for a high degree of health, proportionate physical appearance and self-actualization in the wider environment reflects that the needs of the community are increasingly diverse so that they need a place or vehicle that can channel and meet those needs (Zulkamaen, 2010: 2).

Futsal is a kind of soccer game that is played on smaller sized fields. The game of futsal is played by 10 people (5 teams each), and uses balls smaller and heavier than those used in football. The wicket used in futsal is also smaller (Lukman Yudianto, 2009: 54). Before developing into a sport whose position is in line with grass football, futsal is occupied as a means of direction and the formation of young players who want a career in the field of futsal. Futsal game is a fast-paced game with a short amount of time and limited space. So in the futsal game stability is needed (Lhaksana, 2008).

According to the futsal community in the room, there are a lot of costs besides having to rent a place, also there are not many buildings or futsal fields in the Sragen area. Therefore, at this time in the Sragen community there is a phenomenon of outdoor futsal sports performed in open ground, this sport is a modification of futsal in general, which is only implemented differently with the media field. The field used is also not permanent because it utilizes vacant land in the village, so the community does not need to spend a lot of money.

Outdoor Futsal with this land media first appeared in the village of Taraman, Sidoarjo Subdistrict, Sragen Regency in 2012 until now. Its development has been very rapid, initially only playing futsal in an open ground field with the number of free or improvised players, no shoes and no costume until now this has been organized the number of players equated with the number of official futsal players that is 5 players, using shoes and even wearing costumes. Even at this time futsal land has become a routine competition held in Sragen regency. Until the following year in the village Taraman continued to hold outdoor futsal competitions with inter-club land media in Sragen Regency. This is because the spread of outdoor futsal sports with land media in Sragen regency has been evenly distributed, almost in every village in Sragen regency currently doing and busy making outdoor futsal fields with this land media. It has been proven that in 2018 there have been more competitions and outdoor futsal competitions with land media often held in Sragen Regency.

In addition, outdoor futsal becomes a routine agenda every day for the sport and recreation of Sragen Regency residents. From small children, teenagers, parents, gather in vacant land to play futsal together which is named futsal outdoor / (chirp) by community members Sragen Regency because the media used are land. Therefore,

the writer is interested in wanting to do research to find out the phenomena about outdoor futsal, people's motives for outdoor futsal, how outdoor futsal competitions are conducted, history, and the benefits of outdoor futsal with land media for the people in the Regency Sragen Sragen Regency. So, the researchers took the title of the research "Outdoor Futsal Sports in Sragen Regency (Phenomenological Study of People Playing Futsal on Ground Fields)".

## METHODS

This research was conducted in Sragen Regency. Research time is planned for August 2019. This type of research is qualitative research. Qualitative research is research that intends to understand phenomena about what is experienced by research subjects such as behavior, perception, motivation, actions, etc. holistically and by means of descriptions in the form of words and language, in a special natural context and by utilizing various scientific method (Lexy J. Moleong, 2000: 6). In qualitative research, the source of data can be human (informant), event or activity, place or location, objects, various images, records, documents and archives. In this study researchers used three data collection techniques, namely observation (observation), interview (interview), and data collection techniques with documents (documentation). The validity technique in this study, researchers used two triangulation techniques, namely data triangulation and method triangulation (Sugiyono, 2014:125). Data analysis in this research was carried out in four stages, namely:

1. Data collection stage
2. Data Reduction Stage
3. Stage of data presentation (Data Display)
4. Verification / conclusion stage

## STATISTICAL RESULTS

### 1. Community Phenomena Playing Outdoor Futsal in Sragen Regency

From some interviews it can be seen that the response of the community to outdoor sports is quite large, outdoor soccer has become a popular new sport. The use of futsal court is almost never quiet. Public understanding of outdoor futsal is still lacking, especially regarding rules. Most players who play do not refer to the rules that have been set they play futsal only carelessly. For them outdoor futsal is an event to release the burden of mind and boredom after doing a day's routine. Outdoor futsal has become a popular sport in Sragen regency but the players do not yet know the rules in that game. Most players play futsal only as a hobby and not just for the purpose of fitness or achievement.

Sports has not become a basic necessity of society, we often see that sport for some circles is only as a complement. There is no specific time provided for exercise. Now, after the emergence of outdoor futsal, sport is increasingly establishing its glory in the midst of

the people who have to work every day to meet the increasingly difficult needs of life. This alternative is considered able to restore fatigue after a day of work under psychological pressure.

## 2. Community Motives and Motivation in Playing Outdoor Futsal in Sragen Regency

Motive is an understanding that suffices all the motives, reasons, or impulses in man that causes him to do something. While motivation is a psychological process that causes the emergence, directed, and the persistence of voluntary activities directed at certain goals, both internal and external to an individual, which causes the emergence of motives.

People who do futsal outdoor activities want to exercise to maintain their body condition in order to gain fitness so they get health. People who do outdoor futsal activities do not feel bored and bored with their daily activities, that is work or some who have personal problems, so they need exercise to help release endorphine hormones to feel happy and get recreation from outdoor futsal which is done together. Motivation of players playing outdoor futsal mostly to fill free time and hobbies for fitness purposes.

## 3. Implementation of Outdoor Futsal in Sragen Regency

Outdoor futsal activities are increasingly in demand. Outdoor Futsal has provided a new solution for those who want to shift their daily routine activities. In the last few years dozens of fields have been enjoyed by fans of this sport. Many people who use open land that already exists, do not even hesitate to turn the land into a futsal field.

There are several factors that affect the quality of outdoor futsal, one of which is the lack of a good outdoor futsal field infrastructure. Generally the field is as it is because it is a rudimentary alternative sports game. In line with the growing development of outdoor futsal in Sragen Regency, the field is also increasingly found in various corners of the area, especially rural areas.

This shows that if they want to introduce this outdoor futsal tournaments need to be held. They reasoned that with field tournaments they would be more crowded so that the field would be better known to the wider community. But there are also informants who answer in addition to the promotion of the tournament as well as to further introduce outdoor futsal to the wider community.

Based on research that has been done, it can be explained that in outdoor futsal tournaments that are often held are generally quite good but need to be addressed several aspects, especially in terms of safety and comfort in watching.

## 4. The Benefits Obtained from the Outdoor Futsal Phenomenon for Communities in Sragen Regency

People who play outdoor futsal certainly feel the benefits or benefits obtained. Outdoor futsal activities that are dominated by running, kicking physical movements that require strength and speed as well as endurance, so that they can maintain one's physical health as well as being a means of healthy and enjoyable sports activities. People who play outdoor futsal feel the benefits in addition to a fresh body as

well as a fresh mind because exercise helps release the hormone endorphine can feel happy and get recreation so as not to get bored and can refresh or revitalize the mind when returning routine later.

People who play outdoor futsal in addition to being healthy also add new friends or relations who come from various backgrounds and may be able to support their work or others. Playing outdoor futsal is a place for free exercise that is open to anyone who wants to join without any cost.

## 5. Values Contained In Community Activities Playing Outdoor Futsal in Sragen Regency

With the existence of outdoor futsal competition, it can be a place to channel talents and as a venue for friendship between villagers and players. Uphold the sportsmanship of the players and supporters, strengthen the brotherhood between residents and between villages. As for the other values contained in playing futsal outdoor including, the value of cooperation. In playing outdoor futsal, cooperation is something that must be highly considered and needs to be done well because without good cooperation between members of the outdoor futsal, the game will not go well. We can apply this value in daily life, as playing futsal outdoor requires good cooperation, in social life too, cooperation is something that is important for humans in carrying out their lives because no human being can live alone, everything needs cooperation and help from others.

In addition to cooperation, other positive values contained in playing outdoor futsal are respect for actions taken by others. If in futsal there is no mutual respect then selfishness will arise, and if that happens then the game will not run properly.

Furthermore, this disciplinary attitude can be seen from the obedience carried out by each member, both to the referee who gives rules in outdoor futsal games, to the time applicable in the game, and to the coach who gives directions before and when the futsal game takes place.

Then the attitude of responsibility; this can be seen from each member when he was given the ball, at that time he was led to take responsibility for the ball that was brought by him, not until the ball was taken by someone else who became his opponent. Each member has their respective responsibilities, for example the kipper is responsible for guarding the goal so that the ball does not enter it.

## DISCUSSION

Based on the results of data analysis and discussion of the results of research that has been done, the conclusions can be drawn as follows:

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The response of the community to outdoor soccer is quite large, outdoor soccer has become a popular new sport. The use of futsal court is almost never quiet. Outdoor futsal has become a popular sport in

Sragen Regency. Most players play futsal only as a hobby and not just for the purpose of fitness or achievement.

#### 2. Community Motives and Motivation in Playing Outdoor Futsal in Sragen Regency

People who do futsal outdoor activities want to exercise to maintain their body condition in order to gain fitness so they get health. People who do outdoor futsal activities do not feel bored and bored with their daily activities, that is work or some who have personal problems, so they need exercise to help release endorphine hormones to feel happy and get recreation from outdoor futsal which is done together. Motivation of players playing outdoor futsal mostly to fill free time and hobbies for fitness purposes.

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Many people who use open land that already exists, do not even hesitate to turn the land into a futsal field. There are several factors that affect the quality of outdoor futsal, one of which is the lack of a good outdoor futsal field infrastructure. Generally the field is as it is because it is a rudimentary alternative sports game. These outdoor futsal tournaments need to be held so that outdoor futsal will be better known to the wider community. However, it needs to be addressed several aspects, especially in terms of safety and comfort in watching.

#### 4. The Benefits Obtained from the Outdoor Futsal Phenomenon for Communities in Sragen Regency

People who play outdoor futsal certainly feel the benefits or benefits obtained. Outdoor futsal activities that are dominated by running, kicking physical movements that require strength and speed as well as endurance, so that they can maintain one's physical health as well as being a means of healthy and enjoyable sports activities. People who play outdoor futsal feel the benefits in addition to a fresh body as well as a fresh mind because exercise helps release the hormone endorphine can feel happy and get recreation so as not to get bored and can refresh or revitalize the mind when returning routine later.

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With the existence of outdoor futsal competition, it can be a place to channel talents and as a venue for friendship between villagers and players. Uphold the sportsmanship of the players and supporters, strengthen the brotherhood between residents and between villages. The other values contained in playing outdoor futsal include the value of cooperation, respect, discipline, and responsibility.

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